

# Example Personal Statements

This page contains three examples of personal statements. You may wish to use one of the examples as a guide for your own statement.

Please carefully plan what you will include. Often it helps to discuss your statement with a friend. They can mention things that you may have forgotten.

Your statement should be no longer than one side of A4. Please try to word-process your work.

## Example 1

“ I consider myself an honest person. I am also polite and I can get on with my work most of the time, especially when I like the work I am doing.

I work hard and try my best at school. I particularly enjoy PE and French. I hope to get a grade B in these subjects. I have been awarded a number of certificates for football.

My attendance and punctuality have been good throughout my school life.

Outside of school I like to play football, cricket and I am the manager of a five-a-side football team on Saturdays and Sundays.

Sometimes I help my elderly neighbour by fetching her shopping and doing some gardening for her. I enjoyed working with her because she was very friendly.

On Work Experience placement I worked at Champion Hire Ltd. I tested machinery, cleaned and serviced them. I got on well with the people who worked there, and I enjoyed working there. I achieved a Work Experience certificate.

I have not yet decided what I am going to do in the future. However I am thinking of going to college to study areas of construction. ””

## Example 2

“ I am an honest, trustworthy, self—motivated and reliable person I adapt well in different situations and enjoy a challenge I always put my full effort into everything and do the task to the best of my ability. I am enthusiastic, friendly and co-operative both in and out of school.

Throughout my school life I have maintained an excellent standard of attendance and punctuality for which I have regularly gained certificates.

In Year 11 I was elected as a Prefect by both pupils and staff. This includes supervising areas in school both in dinner and break times, co-operating with staff, working in groups and attending functions out of school hours.

In 2012, three others and myself came first in a 'Young Engineers for Britain' competition, so winning money both for the school as well as ourselves. I also won a Christmas card competition, in association with 'Freemans', in which I had to design and produce a Christmas card which could be distributed to all of their employees. In the 2012 Christmas Charity Event, our stall,

'Lucky Bucket', won the award for best company organisation, running and contribution to charity.

Outside school I enjoy many sports, socialising, listening to chart music, reading and drawing. I have taken part in activities at school such as Trampolining and Badminton as well as a School Talent Show and a Drama Production.

I have helped my local community. I went to the Royal National Institute for the Blind where I worked with elderly people. I also went Bishop Challoner Junior School where I worked with a reception class and St Mary's Primary School where I worked with children between the ages of four and eight years old. My supervisor from Athelstan School commented on my work, "Helen worked well with the children, talking to them and helping them when necessary. She was willing to try and completed all the tasks given to her. Well done."

My Work Experience placement was at Design and Building Services where I worked in an Architect's Office. My work included drawing plans and elevations, tracing, technical drawing, visiting sites and various other tasks. My supervisor, Peter Inman said this about me, "Helen demonstrated a first class ability at Architectural drawing, she was willing to learn and keen to take on responsibility." He then went on to say, "She was well motivated and the presentation work she prepared from sketch drawings and designs have been used in client presentation documents without any re-working."

I enjoyed my Work Experience as it gave me an insight into what working life is like and I picked up many useful skills in design and architecture.

I have not yet decided on a future career so I intend to go on to college to study A Levels. This will give me time to decide on a future career. ☺☺

### Example 3

☺☺ I am a reliable, self-motivated, confident person. I can relate well to both members of staff and students I am co-operative and enthusiastic in many things I do both in and out of school.

My attendance and punctuality have been of a very high standard

In Year 11 was elected to be a Prefect by both pupils and staff, this involves working in groups, co-operating with staff and attending functions both in and out of school hours.

Outside school I get great pleasure from many different sporting activities one of these being skiing, which I have participated in for seven years. I train at the Ashford Ski Village on Saturday mornings and Thursday evenings and compete in many professional races throughout the year. This involves racing against the best in the country. I have achieved my 1, 2 and 3 star awards and have been presented with my bronze 'Instructors Award'. I also enjoy trampolining, badminton, dancing, table tennis, listening to music and spending time with my friends.

In year 10 the form tutors were asked to present a Certificate of Achievement, to two students for a specific reason. I was chosen for this award for 'outstanding progress' with my studies.

Something I will always treasure is the memory of all the hard work I have put into taking part in three performances of 'Hairspray'. This involves giving up your spare time to work on an 'act' which you then perform on stage in front of parents, teachers, family and friends. In the end it is an extremely rewarding feeling. For Community Action I went to Parklands Nursery where I worked with young children between 1 and 5 years of age.

My Work Experience placement was at Sheffield University Television Studios. Due to the nature of my placement I decided to present my Work Experience project in audio visual form by creating a video based on the time I spent there. For this reason it has been suggested by my teachers that I should be nominated for a special award from the Governing Board. I thoroughly enjoyed

my Work Experience placement and developed an endless number of new skills.

I also arranged to attend a one week Work Experience placement at a solicitors firm called 'Russell and Creswick' during the six weeks summer holiday. My supervisor, Mr Martin McKervey said the following about me: "she was given certain tasks to perform and on each occasion they were carried out with diligence and care. Throughout her stay her dress, manner and behaviour were excellent."